

# Your Three Week Menu

Monday Tuesday  Wednesday  Thursday  Friday 

## WEEK ONE

**Beef/Veggie Burger in a Bun with Potato Wedges and Baked Beans or Seasonal Vegetables**

**Cheese and Bacon Slice Served with Baked Beans or Seasonal Vegetables**

**Sticky Toffee Pudding and Custard**

**Spaghetti Bolognese/Vegetarian Bolognese with Garlic Bread and Seasonal Vegetables**

**Ham Ploughman's Served with Salad**

**Chocolate Brownie and a Fruit Wedge**

**Roast of the Day/Quorn Fillet with Roast/Mashed Potatoes, Seasonal Vegetables and Gravy**

**Ham, Leek and Potato Bake Seasonal Vegetables**

**Fruit Jelly and Fruit Wedge**

**Chicken/Vegetarian Curry with Rice, Naan Bread with Seasonal Vegetables**

**Mac 'n' Cheese Served with Seasonal Vegetables**

**Fruit Platter**

**MSC Fish, Chips and Garden Peas/Mushy Peas or Baked Beans**

**Omelette with Crusty Bread Served with Salad**

**Victoria Slice and Fruit Wedge**

## WEEK TWO

**Pork/Quorn Sausages with Yorkshire Pudding, Mashed Potatoes, Seasonal Vegetables and Gravy**

**Deli Option  
Choice of Breads and a Selection of Fillings Served with Salad**

**Apple Pie and Custard**

**Pasta Bolognese/Vegetable Bake with Garlic Bread and Seasonal Vegetables**

**Deli Option  
Choice of Breads and a Selection of Fillings Served with Salad**

**Chocolate Muffin and a Fruit Wedge**

**Roast of the Day/Quorn Fillet with Roast/Mashed Potatoes, Seasonal Vegetables and Gravy**

**Deli Option  
Choice of Breads and a Selection of Fillings Served with Salad**

**Mousse**

**Hot Chicken/Quorn Wrap with Savoury Rice, Homemade Sauce and Seasonal Vegetables**

**Deli Option  
Choice of Breads and a Selection of Fillings Served with Salad**

**Fruit Salad**

**MSC Fish, Chips and Garden Peas/Mushy Peas or Baked Beans**

**Deli Option  
Choice of Breads and a Selection of Fillings Served with Salad**

**Melting Moment and Fruit Wedge**

## WEEK THREE

**Pork/Quorn Sausage and Bacon, Scrambled Egg, Hash Browns and Baked Beans**

**Deli Option  
Choice of Breads and a Selection of Fillings Served with Salad**

**Fruit Crumble and Custard**

**Ham, Sweetcorn and Cheese/Vegetarian Pasta Bake with Crusty Bread and Seasonal Vegetables**

**Filled Jacket Potato with a Selection of Fillings Served with Salad**

**Iced Chocolate Sponge Cake**

**Roast of the Day/Quorn Fillet with Roast/Mashed Potatoes, Seasonal Vegetables and Gravy**

**Deli Option  
Choice of Breads and a Selection of Fillings Served with Salad**

**Iced Sponge Cake**

**Chicken/Vegetarian Curry with Rice, Naan Bread with Seasonal Vegetables**

**Filled Jacket Potato with a Selection of Fillings Served with Salad**

**Cheese & Crackers**

**Cheese & Tomato Pizza Chips and Garden Peas or Baked Beans**

**Deli Option  
Choice of Breads and a Selection of Fillings Served with Salad**

**Raspberry Bun and Fruit Wedge**

Available every day – Unlimited salad, fresh fruit platter, fresh bread, organic yoghurt, milk and chilled water

For allergen information, please ask one of our Catering Team

